

Bird Construction

Administration d'un programme de santé et mieux-être auprès du personnel sur le terrain et de bureau

Présentation par :

Steve Adsett, gestionnaire des RH – Atlantique

Cody Arnold, administration – succursale de Saint-Jean

Lieu :

Casino Nouveau-Brunswick – Moncton (N.-B.)

Données générales sur la Bird Construction

Bureaux des Maritimes :

Saint-Jean (N.-B.) | Bedford (N.-É.)

Fredericton (N.-B.) | Dieppe (N.-B.)

Nombre d'employés au Canada atlantique :

200 total / 50 plein temps

Type de travail :

Entreprise générale | Gestion de construction | Conception-
construction

Sites des projets actuels (2011-03-10)

Fredericton – 1 projet

Perth-Andover – 1 projet

Saint-Jean - 7 projets

Moncton – 2 projets

Sussex – 4 projets

Quebec

Prince

New Brunswick
Nouveau-Brunswick

BIRD
Construction Company

120 Millennium Drive, Suite #200
Quispamsis, New Brunswick
Canada E2E 0C6

Tel: 506-849-BIRD
Fax: 506-847-0270
saintjohn.info@bird.ca

Comment diffuser l'information



Bulletins internes



Courriels



Bouche-à-oreille



Visites sur place



Welcome to Tim's Blog



[Links](#)

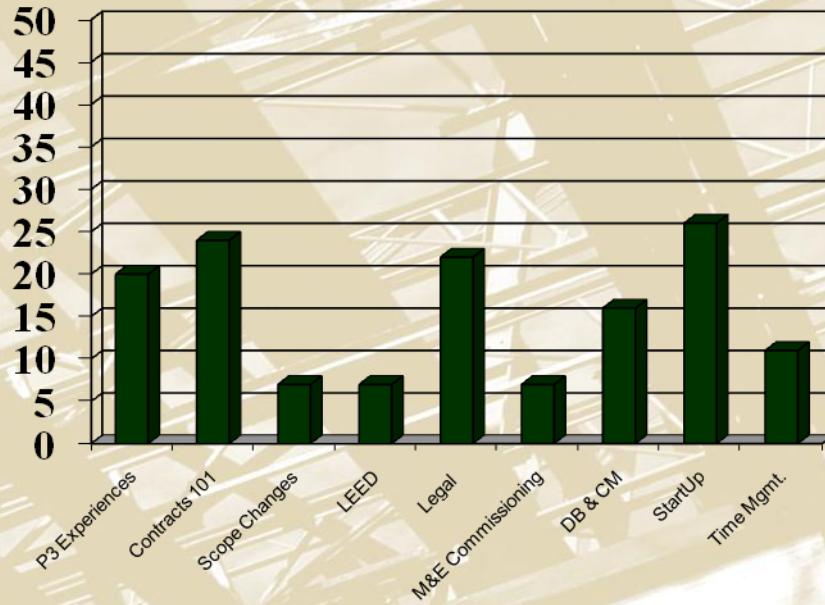
Blogues en ligne



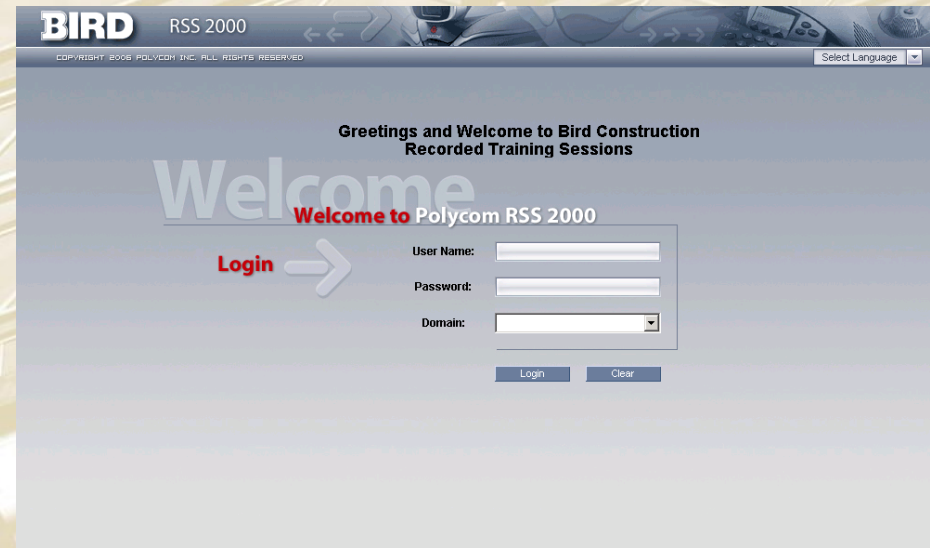
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Participation



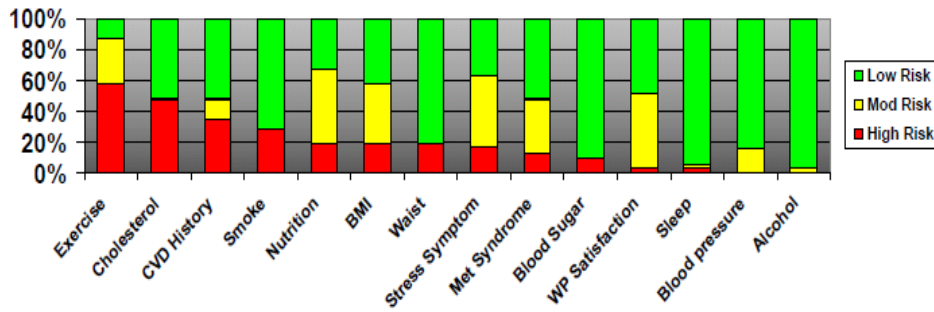
■ No d'employés à plein temps qui participent



Participation



New Brunswick Health Assessment 2010



Based on 31 Participants

I.P. of Business Health Matters Inc.



BIRD CONSTRUCTION
HEALTH ASSESSMENTS
2010



61 participants (28 in NB)

GENDER	Count	Percentage
Males	40	78% of participants were male
Females	11	22% of participants were female
Total	51	

AGE	Value
Overall average age	37.5 yrs
Average male age	39 yrs
Average female age	33 yrs

	Serious Health Risk	Needs Improvement	Fair	Good	Very Good	Excellent	N/A	Total
BODY COMPOSITION (% of body fat)	<i>*Body Comp not done in Bedford this year*</i>							
Males	3	15	0	5	5	2	0	
Females	2	1	0	3	0	0	0	
Total	5	16	0	8	5	2	0	36
CARDIO ABILITY								
Males		0	4	20	4	3	9	
Females		1	3	6	0	1	0	
Total		1	7	26	4	4	9	51
GRIP STRENGTH								
Males		3	3	11	9	9	5	
Females		0	2	1	4	4	0	
Total		3	5	12	13	13	5	51
PUSH UPS								
Males		4	4	5	11	11	5	
Females		0	1	3	5	2	0	
Total		4	5	8	16	13	5	51
CURL UPS								
Males		7	2	1	3	23	4	
Females		2	1	3	2	3	0	
Total		9	3	4	5	26	4	51
FLEXIBILITY								
Males		12	11	6	6	1	4	
Females		2	2	2	4	1	0	
Total		14	13	8	10	2	4	51
RISK OF OBESITY RELATED DISEASES								
	Low	Increased	High	Very High	N/A			
Males	15	21	1	3				
Females	5	5	0	1				
Total	20	26	1	4	0			51



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Culture



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